

# Care & Wellbeing

2 WED

OCT

#### **Navigating Grief**

Facilitated Group discussion.

Discuss the emotional, physical, and spiritual ways we can help to support ourselves during times of despair and sorrow.

10:30am - 11:30am. No charge.

Bunurong

St Kilda

Brighton

SAT

**OCT** 

OCT

## **Annual General Meeting**

St Kilda Cemetery Friends Group Followed by a talk on "Nation Builders", Great

Lives and Stories from St Kilda Cemetery.

Betty Day Community Centre, St Kilda 2:00pm

RSVP: foskorg@gmail.com or 0448 740 195

Melbourne General Cemetery College Crescent, Parkville,

**Cheltenham Pioneer Cemetery** Charman Road, Cheltenham, Victoria 3192

Victoria 3052

St Kilda Cemetery Dandenong Road, St Kilda East, Victoria 3183

 Brighton General Cemetery Cnr. North and Hawthorn Roads Caulfield South, Victoria 3162

Springvale Botanical Cemetery Third Drive, 600 Princes Highway, Springvale VIC 3171

**Bunurong Memorial Park** 790 Frankston-Dandenong Road, Dandenong South VIC 3175



smct.org.au/ccw

## **Bookings**

smct.org.au/events Call or text: 0428 213 776 email: care@smct.org.au

12 SAT

Adding Colour to Melbourne General Cemetery

With Planet Ark, we are hosting a planting Melbourne day for the community and would love your help. Join us for a 'Grassroots' community planting day and help us add some indigenous wildflowers

10:00am - 1:00pm Register via Planet Ark

to this iconic space!

https://engagewith.smct.org.au/project-cultivateplanting-activities

13 SUN OCT **Guided Tour: A thumbnail sketch** 

Interesting backgrounds of some local residents 1820-1939 including a politician, engineer, and the daughter of a wealthy hotelier. 2:00pm

Meet at the top gate on Hawthorn Road. Bookings & cost enquiries: Lois on 9558 4248

Bookings are required for all activities.





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- **Cheltenham Pioneer Cemetery** Charman Road, Cheltenham, Victoria 3192
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**27** SUN

#### **Guided Tour: Where History Rests**

Join this interesting and informative tour and hear the fascinating tales of some of those who rest at this beautiful cemetery. **OCT** 

> Bookings & cost enquiries: info@focrc.org or 9497 1318

Cheltenham Pioneer

**27** SUN

OCT

## **Guided Tour: A variety of local residents**

Includes Janet Templeton, John Washington Smith, Madame Fanny Simonsen, Mel Burt Spurr, Joseph Sayce and Robert Meikle 2:00pm

Bookings & cost enquires: <a href="mailto:foskorg@gmail.com">foskorg@gmail.com</a> or 0448 740 195

St Kilda

30 WFD

OCT

## **Talking Grief Support Group**

To join and confirm location please contact Grief Australia at (03) 9265 2100 or 1800 642 066 10:30am - 12:00pm. No charge.

Springvale



#### Please join us for our Grief Retreat, 18 - 20 October 2024

The program includes grief-sharing workshops and self-care activities, plus free time to relax, chat and enjoy the surroundings.

Springvale

**RSVP:** Sunday 6 October

Bookings are essential and can be made for the entire weekend or individual days, allowing you to select workshops and activities tailored to your needs.

Further details and registration

Bookings are required for all activities.

