



### **Navigating Grief**

5 WED MAR Facilitated group discussion.

Discuss the emotional, physical, and spiritual ways we can help to support ourselves during times of despair and sorrow.

10:30am - 12:00pm. No charge.

Bunurong

Brighton

16 SUN

MAR

# **Guided Tour: Jockey's, Trainers and Owners**

Hear about the lives of various jockey's, trainers and owners who took part in some of the biggest race meetings in Australia. 2:00pm.

Bookings and cost enquiries: Lois on 9558 4248 or email info@brightoncemetorians.org

23 SUN MAR

26

**WED** 

MAR

SUN MAR

## **Red Nose Say Their Name Day Remembrance Service**

Join us as we come together to honour and remember the precious babies and children gone too soon. This special service will be a time to reflect, share, and support one another.

Venue: Stratus Reflection Space

Time: 10:30am - 12:30pm. No charge.

RSVP: https://www.stickytickets.com.au/BC9M5.



**Bunurong** 

St Kilda Cemetery Dandenong Road, St Kilda East, Victoria 3183

**Brighton General Cemetery** Cnr. North and Hawthorn Roads Caulfield South, Victoria 3162

**Bunurong Memorial Park** 790 Frankston - Dandenong Rd, Dandenong South VIC 3175

Springvale Botanical Cemetery Third Drive, 600 Princes Highway, Springvale VIC 3171



smct.org.au/ccw

### **Bookings**

smct.org.au/events Call or text: 0428 213 776 email: care@smct.org.au

### **Talking Grief Support Group**

To join and confirm location please call Grief Australia on (03) 9265 2100 or 1800 642 066.

10:30am - 12:00pm. No charge.

Springvale

St Kilda

**Guided Tour: Cemetery scandals** 

Meet at the Dandenong Road pavilion. 30

1:45pm for a 2:00pm start.

Bookings and cost enquiries: Geoff on 0448 740 195

or email foskcorg@gmail.com

Bookings are required for all activities.

